



THE LIBRARY PAGE

The “mostly monthly” newsletter by The Friends of the Blue Hill Public Library

WHO WE ARE

The Friends of the Blue Hill Library is a volunteer group that raises funds for a variety of library purposes not covered by the library's operating budget.

WHAT WE DO

We fund: New York Times subscriptions, Must See Movie Series, Play Readings, Opera Previews, Great Decisions Series, Children's Programs, Literacy Programs, purchases of digital media, furniture, a/v equipment, staff appreciation gifts, scholarships for staff and volunteer development, and more!

FOL OFFICERS & BOARD MEMBERS

Ellie Andy	President
Donna Scheutzow	Vice President
Nina Fleming	Secretary
Susan Farrar	Treasurer
Rich Boulet	Library Director

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It's spring!

Time to plan for the Plant Sale

Blue Hill Public Library Plant Sale and Silent Auction, Saturday, May 26, 2018, 8-11 am

The BHPL Plant Sale committee is hard at work on the 2018 sale and silent auction. We are hoping the sun will continue to warm our garden soil as it has done recently, so we can begin digging and dividing plants.

Watch for the special email to FOL members with a link to the Sign-Up Genius for volunteering, and see **page 6** for details about the sale and how you can help.



Book Nook Book Sales

Saturday,
May 5th
9:00 – 2:00

In the Book Nook
Blue Hill Public Library

Get a jump on your Spring and Summer projects with our great selection of **“How –To” books.**

Whether you plan to build a new deck, fix a fence or repair a leaky faucet—we have the books and all will be **half priced!!**

As always, we will have a large selection of fiction, non-fiction, biographies and history—most available for \$1 -\$2. And don't forget ***all children visiting the Book Nook get a free book!!***

Book sale proceeds enable the Friends to sponsor many of the special programs offered at the library, and to make special purchases of books, DVDs, and equipment for the library. To donate books that are in good condition (please no moldy or soiled books!) or for more information about how to volunteer, contact the library at 374-5515.

Check out the Blue Hill Public Library's Facebook page to stay up to date with not only the book sale, but all that is going on with the library.

From the Director's Desk

Rich Boulet, Library Director: rboulet@bhpl.net

I am an audio gourmand.

During a typical day I consume hours of music and other audio. My media diet ranges from various podcasts on my morning walk, to NPR's Morning Edition while getting ready for work, to the tunes that play nearly non-stop during the workday, to listening to the CBC online while doing dishes. For me, a good audiobook and a road trip is a match made in heaven. I am writing this month specifically about physical audio media: LP records, CD's; anything one person can physically hand to another; stuff that collects dust on our shelves; things we can write our names on.

A librarian being prescriptive with formats can be a dicey proposition. Librarians are supposed to be format agnostic, meeting patrons wherever they choose to be. So please know that this column is about my personal preferences at home and definitely not a judgment of yours.

One of the things I like most about physical media is the possibility of simply being able to hand it to someone and say “I loved this and it made me think of you” or “I know what you are going through. This might bring you some comfort.” There are no settings to mess with, or digital rights management to consider. You just give the person the object. Simple and beautiful.

Another thing is the serendipity of browsing shelves—you never know what else you'll find when you go to your bookcases. Today, as I refilled some recently played LP records that had built up on the living room floor I found about six other records I hadn't heard in a while and pulled them out. As I write this, an excellent old Freddy Hubbard LP is keeping me company; I just listened to an Everley Brothers collection when cleaning up dinner and before that, while cooking, it was a live Devo LP I had completely forgotten I owned.

I also love the material history present in physical media, especially the evidence of past use and the ephemeral value in the in packaging. Liner notes seem to be a forgotten art in the age of iTunes. Even if today's Nat Hentoff is cranking out excellent copy accompanying downloads, who wants to read it on the phone? My personal cup of tea is to sit in the living room, pore over the outer and inner sleeve of an LP, see who the record label was promoting at the time of release, or what merchandise was being flogged by the band's label.

Most of my records, Freddy Hubbard included, were bought used. The house I live in came with a collection of folk and classical LP's and I am still discovering music that previously

appealed to the prior occupant, and I have grown to appreciate her more for it. One of my records has an address label with my mother's maiden name and pre-marriage address on it. Just think how many years that Wilson Pickett record has been standing at the ready for an impromptu doing-the-dishes-dance-party!

One way that physical media blows the doors off of digital is in ownership vs. access. There are cases of Amazon removing content from Kindles because of licensing issues. Ironically, one of the removed titles was an unauthorized edition of Orwell's *1984*. Imagine a bookstore or publisher reclaiming a book from your shelves!

And what is better than browsing the bins of a well-stocked record shop? The whole experience is so much more satisfying than any digital shopping experience. I'll take flipping through LP's over page scrolling any day.

Sure, digital media has some advantages. It is

incredibly portable, doesn't require any physical space, is infinitely reproducible without loss of quality, and can be cheaply transmitted across the world in a heartbeat. BHPL's digital library services serve our patrons all over the globe. I've had calls from seasonal patrons who were sailing in the Caribbean and treasuring eBook access from BHPL. Digital media does have a place in my media diet; it's just more like fast food than a nice meal at home.

But for me, the comfort of physical media is a little bit like the soothing warmth of a hearth, or a rocking chair by a lake—a feeling that is irreplaceable by any other means. Sitting in a living room, spinning records, reading a book while enjoying a cup of tea is so much nicer than interacting with any digital device. Recording engineer, Steve Albini, may have been right when he wrote "The future belongs to analog loyalists." Time will tell.

Two New Exhibits: Renga Scrolls and Traditional Japanese Clothing

Renga Scrolls: May 1st to 31st; Traditional Japanese Clothing: May 1st to July 31st;
Reception: Friday May 18th, 5 to 6:30 pm.

Deer Isle artist Frederica Marshall will present two exhibits at the Blue Hill Public Library in May. In the Britton Gallery will be an exhibition of Renga Scrolls by Marshall herself along with local poets, members of the "Haiku Project" and a display of traditional Japanese clothing in the Howard Room glass cases. The public is invited to a reception for the shows on Friday, May 18th from 5 to 6:30 pm.

Renga are groups of haiku written about one theme. Frederica and her Haiku Project students organized haiku they had written into themes, and arranged them into longer poems that were then written onto scrolls with motifs painted in sumi ink by Marshall herself and her student Mike De Matteo. This exhibit will be in the Britton Gallery during May.

The display of traditional Japanese clothing includes an embroidered wedding kimono, shibori haori jackets, silk obi belts, brocade geta, and hairpins; all items collected by Frederica



Left: Renga scroll by Frederica Marshall. Right: Japanese Obi.

when she lived in Japan. This display will be in the Howard Room cases for the months of May through July.

Frederica grew up in Japan, and lived there for 28 years. She studied brush painting, Ikebana flower arranging, calligraphy, Bingata textile dying, pottery and language. She has exhibited her work in Japan and the US in more than 100 group shows and 28 solo shows. She has a BFA in Painting from Miami University in Ohio and an MA in Art Education from Michigan State University.

For more information, call the library at 374-5515.

New on the Shelves

Nonfiction

Lehrhaupt, Linda, *Mindfulness-Based Stress Reduction: The Mbsr Program for Enhancing Health and Vitality*

Shriver, Maria, *I've Been Thinking . . . : Reflections, Prayers, and Meditations for a Meaningful Life*

Armstrong, Karen, *Fields of Blood: Religion and the History of Violence*

Wessely, Tehani, *Cranky Ladies of History*

Oluo, Ijeoma, *So You Want to Talk about Race*

Easterbrook, Gregg, *It's Better Than It Looks: Reasons for Optimism in an Age of Fear*

Wolin, Sheldon S., *Democracy Incorporated: Managed Democracy and the Specter of Inverted Totalitarianism (Revised)*

Raworth, Kate, *Doughnut Economics: Seven Ways to Think Like a 21st-Century Economist*

Foroohar, Rana, *Makers and Takers: How Wall Street Destroyed Main Street*

Thornton, James, *Client Earth*

Serreze, Mark C., *Brave New Arctic: The Untold Story of the Melting North*

Peterson, Dale, *The Ghosts of Gombe: A True Story of Love and Death in an African Wilderness*

Gazzaniga, Michael S., *The Consciousness Instinct: Unraveling the Mystery of How the Brain Makes the Mind*

Jasanoff, Alan, *The Biological Mind: How Brain, Body, and Environment Collaborate to Make Us Who We Are*

Brookings Institution, *Epidemic: Ebola and the Global Scramble to Prevent the Next Killer Outbreak*

Garfield, Charles A., *Life's Last Gift: Giving and Receiving Peace When a Loved One Is Dying*

Starr, Rebecca Fox, *Beyond the Baby Blues: Anxiety and Depression During and After Pregnancy*

Coleman, Melissa, *The Minimalist Kitchen: 100 Wholesome Recipes, Essential Tools, and Efficient Techniques*

Murphy, Sam, *Beautifully Real Food: Guilt-Free, Meat-Free Recipes to Indulge in,*

Hernandez, Eddie, *Turnip Greens & Tortillas: A Mexican Chef Spices Up the Southern Kitchen*

Bragg, Rick, *The Best Cook in the World: Tales from My Momma's Table*

Chanin, Natalie, *The Geometry of Hand-Sewing: A Romance in Stitches and Embroidery from Alabama Chanin and the School of Making*

Ziegler, Sheryl G., *Mommy Burnout: How to Reclaim Your Life and Raise Healthier Children in the Process*

Tselikis, Jim, *Cousins Maine Lobster: How One Food Truck Became a Multimillion-Dollar Business*

White, Dana K., *Decluttering at the Speed of Life: Winning Your Never-Ending Battle with Stuff*

Van Haften, Julia, *Berenice Abbott: A Life in Photography*

Nelson, Pete, *New Treehouses of the World*

Pedrosa, Cyril, *Portugal*

Top Shelf Productions, *Bottled*

Davis, Jennifer Pharr, *The Pursuit of Endurance: Harnessing the Record-Breaking Power of Strength and Resilience*

Abbott, Patricia, *I Bring Sorrow: And Other Stories of Transgression*

Crosley, Sloane, *Look Alive Out There: Essays*

Gardiner, L. S., *Tales from an Uncertain World: What Other Assorted Disasters Can Teach Us about Climate Change*

Biography

Hampl, Patricia, *The Art of the Wasted Day*

Magdalena, Carlos, *The Plant Messiah: Adventures in Search of the World's Rarest Species*

Fiction

Allnutt, Luke, *We Own the Sky*

Baldacci, David, *The Fallen*

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Banks, Lucy, *The Case of the Green-Dressed Ghost*

Barnes, Julian, *The Only Story*

Bohman, Therese, *Eventide*

Burke, Sue, *Semiosis*

Carr, Robyn, *The Family Gathering*

Clark, Mary Higgins, *I've Got My Eyes on You*

Deaver, Jeffery, *The Cutting Edge*
 Di Filippo, Paul, *The Big Get-Even*
 Finn, A. J., *The Woman in the Window*
 Frazier, Charles, *Varina*
 George, Elizabeth, *The Punishment She Deserves: A Lynley Novel*
 Gibbins, David J. L., *Inquisition*
 Graves, Sarah, *Death by Chocolate Cherry Cheesecake*
 Halliday, Lisa, *Asymmetry*
 Hooper, Kay, *Hold Back the Dark*
 Israel, Steve, *Big Guns*
 James, Vic, *Tarnished City*
 Jemisin, N. K., *The Kingdom of Gods*
 Johansen, Iris, *Shattered Mirror: An Eve Duncan Novel*
 Kerr, Philip, *Greeks Bearing Gifts*
 Lansdale, Joe R., *Jackrabbit Smile*
 Lauren, Christina, *Love and Other Words*
 Leckie, Ann, *Provenance*
 McAllister, Tom, *How to Be Safe*
 McNees, Kelly O'Connor, *Undiscovered Country: A Novel Inspired by the Lives of Eleanor Roosevelt and Lorena Hickok*
 Meltzer, Brad, *The Escape Artist*
 Moore, Christopher, *Noir*
 Mukherjee, Abir, *A Necessary Evil*
 Nay, Roz, *Our Little Secret*
 Offutt, Chris, *Country Dark*

Okorafor, Nnedi, *Binti: The Night Masquerade*
 Pedreira, David, *Gunpowder Moon*
 Perry, Anne, *Twenty-One Days: A Daniel Pitt Novel*
 Sandford, John, *Twisted Prey*
 Scottoline, Lisa, *After Anna*
 Sheehan, Dan, *Restless Souls*
 Sittenfeld, Curtis, *You Think It, I'll Say It: Stories*
 VanderMeer, Jeff, *The Strange Bird: A Borne Story*
 Viskic, Emma, *Resurrection Bay*
 Woods, Stuart, *Shoot First*

“Drop-In” Genealogy Help Desk

Saturday, May 5th and 19th, 10 am to 1 pm

The Blue Hill Public Library will host a “Drop-In Genealogy Help Desk” on two Saturdays, May 5th and 19th, from 10 am to 1 pm in the library’s main room next to the reference desk. Local expert Liffey Thorpe will be on hand to answer questions from the public on library and online resources for doing genealogy research, as well as offering advice on particular issues or “brick walls.” Participants are encouraged to come with focused questions, such as identifying family members in an old photograph, discovering when their ancestors arrived the country, or finding evidence to support family lore.

For more information call the library at 374-5515.

Play Reading

Philadelphia Here I Come

Wednesday, May 16, 2018, 6:30 pm



Playwright: Brian Friel

Story Line: On the eve of his departure for Philadelphia, Gar, an Irishman, with his private thoughts in the form of a humorous doppelganger onstage, observes

the life ahead and the provincial existence he is leaving behind.

Must See Movies

Rain Man (1988)

**Thursday, May 10, 2018, 7 pm,
Howard Room**



Starring: Dustin Hoffman and Tom Cruise.

Story Line: This 1988 drama stars Dustin Hoffman and Tom Cruise as brothers Raymond and Charlie who travel cross-country together and, in the process, gain a better understanding of each other.



The 2018 Blue Hill Public Library Plant Sale is Coming!

Blue Hill Public Library Plant Sale and Silent Auction, Saturday, May 26, 2016, 8-11 am.

Here's a list of 4 ways you can help; look these over and you'll be ready when the Sign-Up Genius link arrives. You can also register to volunteer by contacting Plant Sale Co-Chairs Greg Forrest or Maria Matthews (Greg Forrest, <Greg.Forrest@jax.org > , 664-0436; Maria Matthews <mbmatt96@gmail.com > , 812-8691)

1) Plant Divisions from your Garden, or gardens of people you know. You/they pot them and bring to the library, to a plant sale committee member, or we can pick them up! Also, seedlings are happy additions, as are house plants. Donation guidelines and donation forms are available at the library or they can be sent to you (call the library, 374-5515, ext. 16).

2) Host a "Potting Party" at your home or someone else's. We will provide soil and pots. You dig up clumps to be divided from the host's garden, then divide, pot and deliver to the library. Or we can pick them up! In the past, the host has provided tools (or BYO), willing friends, and refreshments. Ideally, all plants should be potted by May 19th to give them time settle in,

and remember to have deer protection if needed in your area.

3) Join the "Plant Road Trip!" on Saturday, May 5: We have access to a garden in Yarmouth that needs to be downsized. We will depart from BHPL at 7 am and plan to make a day of gathering as much as we can for the sale, returning in the early evening (partial day help is great too). The hosts provide a lovely lunch and are happy to have us. It's bound to be a festive day of outdoor activity with friends. Those who might be able to volunteer should contact Greg Forrest as soon as possible (Greg.Forrest@jax.org phone: 664-0436)

4) Join the Baking Crew and various Plant Sale Teams: Prepare and deliver breakfast-type goodies such as muffins, scones, etc, for the ever-popular FOL Bake Sale! Goods must be delivered by 8 am, Saturday, May 26 or they can be dropped at the library on Friday afternoon. We also need help the day before the sale with pre-sale set-up and various tasks, as well as day-of help with the silent auction, check out and clean up. Opportunities abound!

Thank you!

Cultivating Pollinator Pathways & Saving Heirloom Seeds

Saturday, May 5th, 2 pm

The Blue Hill Library and the SEED Barn will co-sponsor a workshop on cultivating pollinator pathways and saving heirloom seeds, at the library on Saturday May 5th at 2 pm.

This workshop will offer information on how to grow out heirloom vegetables with the intention of saving seeds, including isolation distances for different types of plants, overwintering for biennial roots and brassicas, and seed harvesting. Seeds granted by the Seed Matters program (<http://seedmatters.org>) will be freely available for community members who would like to try their hand at seed saving.

Since augmenting pollinator habitat helps increase crop yield, the workshop will also cover the needs of pollinators, including access to food, water, shelter and space to raise their young in order to thrive.

Local artist Lee Lee founded the SEED Barn to engage a network of schools and land stewards, at the intersection of art and ecology, to promote long-term restoration of natural habitats. Building habitat for birds and pollinators through providing accessible platforms for community participation develops a sense of our relationships with the natural world, which the SEED Barn feels is essential to the effectiveness of conservation work. For more information, contact the library at 374-5515.



Ladybug, by LeeLee

Afterschool Teen Film Series: *The Maze Runner*

Friday May 4th, at 4 pm

The Blue Hill Public Library invites teens to the film *The Maze Runner* on Friday, May 4th, at 4 pm, the last in a monthly afterschool film series for teens, until fall. The film, based on the 2009

novel of the same name by James Dashner, is a dystopian science fiction thriller. The story follows sixteen-year-old Thomas, who is trapped with other boys in an intricate maze, with no memory of who he is. The boys try to find their way out of the ever-changing labyrinth, and set up a functioning society in what they call “the Glade.”

Movies in the library’s Teen Film Series cover a wide range of subjects and styles, and we encourage teens and their families to research them in advance and decide which ones are right for each teen. For more information call the library at 374-5515.

Choices that Matter: Optimizing Healthcare Choices for Difficult Times

Wednesdays, May 2nd & 9th 4 to 6 pm

Retired local M.D. Susan Ostertag and retired clinical psychologist Barbara Sinclair will facilitate a discussion exploring people’s goals, values, and options for future healthcare decisions at the Blue Hill Public Library on two Wednesdays, May 2nd and 9th from 4 to 6 pm. The program is free of charge but space is limited to 10 participants so registration is required and can be done online at www.bhpl.net or by calling the library at 374-5515.

As people age, they are often presented with increasingly complex healthcare decisions. Healthy Peninsula’s “Choices That Matter” campaign aims to help people explore how to sustain the best possible quality of life while maintaining control over healthcare decisions which safeguard patients’ values. Participants in this program will discuss advanced care planning and explore views, attitudes and options for medical and comfort care during the latter part of life or when confronted with a serious illness.

Real-life scenarios will be used to generate lively, and interesting discussions. This workshop is appropriate for individuals thinking about their own healthcare, as well as that of loved ones they may be assisting. This event is sponsored by the library and Choices That Matter campaign. For more information, call the library at 374-5515.

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May 2018

What potent blood hath modest May.

— Ralph W. Emerson

IN THIS EDITION

Library Director **Rich Boulet** extolls the virtues of physical media; a preview of the highly anticipated annual **Plant Sale**; an exhibit of **Japanese Clothing** and **Renga Scrolls** by **Frederica Marshall**; a workshop on cultivating **Heirloom Seeds**; and, of course, a listing of **new titles** to the library. This month's movie screening is **Rain Man** and the play reading is **Philadelphia Here I Come** by Brian Friel.



Friends of the Blue Hill Library
5 Parker Point Road
Blue Hill, Maine 04614

HOURS

Monday, Tuesday, Wednesday,
and Friday: 9am – 6pm
Thursday: 9am – 8pm
Saturday: 9am – 5pm

Book Nook Book Sales:

First Saturday of the month,
9am – 2pm



Blue Hill Library